




Did you hear?

GIRLS ON THE RUN IS COMING TO Evergreen!

Girls on the Run is a transformational learning program for 3rd-5th grade girls. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Girls build confidence through dynamic, conversation-based lessons and fun running games. Girls do not have to be runners to enroll, learn and have fun! The program culminates with a celebratory 5K event on 1st weekend of December.

Every girl enrolled in the program receives:

- GOTR Water Bottle
- GOTR T-Shirt
- 5K Event Finisher's Medal
- Registration to the 5K
- An End-of-the-season Team Celebration
- A Lifetime of Healthy Habits!



Spaces are limited.
Register August 1st
to reserve your spot!

**Starts Monday
September 25th**

10 Week Program
Fee Only \$225

REGISTER before

Sept 15th at

www.gotrla.org



Meets MONDAYS & WEDNESDAYS 2:30-4:00PM

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